Families with children 0-3 years old, discharging from the NICU, MED, and SURG floors will get a discharge packet to help answer common questions.

Parent Packet Contents:

1. **Who to Contact about my Child’s Feeding Plan**
	1. *Description:* A guide for families to address their nutrition and feeding questions.
	2. *Website:* Child- NICU Toolkit
	3. *Available in:* [English](https://medicalhome.org/wp-content/uploads/2021/07/who-to-contact-about-my-childs-feeding-plan-2021.pdf)
2. **A Family’s Guide to Early Intervention Services in Washington State (FS\_0002)**
	1. *Description:* Provides families with an in-depth description of early intervention services and their rights.
	2. *Print/order from:* [Forms & Publications | Washington State Department of Children, Youth, and Families](https://www.dcyf.wa.gov/services/child-dev-support-providers/esit/forms-publications)
	3. *Ordering:* If unable to order through website, email Saalfeld, Ciara (DCYF) ciara.saalfeld@dcyf.wa.gov
	4. *Available in multiple languages*
3. **Support Resources for Families of Children with Special Needs**
	1. *Description:* Mental, social, and physical support resources for families.
	2. *Website:* On Child- Go to [Family Resource Center Toolkit](https://child.seattlechildrens.org/people_and_places/programs_and_services/patient_education_and_communications/patient_education_toolkits/family_resource_center/)
	3. *****Available in multiple languages*

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Additional Materials on Demand:

1. **Milestones**
	1. *Description:* Guide for families of developmental milestones.
	2. *Ordering/Printing website:* [Get Free “Learn the Signs. Act Early.” Materials | CDC](https://www.cdc.gov/ncbddd/actearly/freematerials.html)
	3. Available in multiple languages.
2. **Developmental Disabilities Administration (DDA)**
	1. *Description:* Resources explaining what DDA is, qualifying, and services.
	2. *Website/Ordering:* [DDA Brochures | DSHS (wa.gov)](https://www.dshs.wa.gov/dda/publications/dda-brochures)
	3. *Roadmap to Services*
		1. Available in multiple languages.
	4. *A Guide to Eligibility, Supports and Services*
		1. Available in multiple languages.
3. **Supplemental Security Income (SSI): Benefits for Children With Disabilities**
	1. *Description:* Government program that provides extra income for children with a disability. Documents updated yearly.
	2. *Website:* <https://www.ssa.gov/benefits/ssi/>
		1. *Factsheet and Child Starter Kit available at:*
		2. [Child Disability Starter Kit (ssa.gov)](https://www.ssa.gov/disability/disability_starter_kits_child_eng.htm)
	3. *PDF:* Under link “Children with a disability”. To print other language use: <https://www.ssa.gov/site/languages/en/>
	4. Available in multiple languages.
4. **Regional Clinics**
	1. *Description:* Links for detailed PDFs of the providers, phone numbers, and all services provided at specific clinics. Clinics listed are: North Clinic, Bellevue, Olympia, South Clinic, Tri Cities, Wenatchee
	2. *Website:* [Regional Clinics (seattlechildrens.org)](https://www.seattlechildrens.org/healthcare-professionals/access-services/ambulatory-services/specialty-clinics/)
	3. Available in English
5. **Emergency or Urgent Care?**
	1. *Description:* Explains the difference between urgent care and emergency room.
	2. *Website:* Bottom of page has PDF versions of information. <https://www.seattlechildrens.org/clinics/urgent-care-clinic/emergency-or-urgent-care/>
	3. Available in multiple languages.
6. **Medicaid Transportation and Lodging Services for Medicaid-approved families in Washington**
	1. *Description:* guides families to agencies for transportation, lodging, or reimbursement.
	2. *Website:* <https://www.seattlechildrens.org/pdf/PE539.pdf>
	3. Available in multiple languages.
7. **UW CHDD- Infant Development Follow-Up Clinic**
	1. *Description:* UW Clinic for high risk infants with health/developmental needs.
	2. *Website:* <https://depts.washington.edu/chdd/families.html>
	3. *Parking Brochure:* [Parking information for patients of the CHDD specialty care clinics (washington.edu)](https://depts.washington.edu/chdd/gist/CHDD_Clinic_parking%20brochure.pdf)
	4. *Overview of Clinic Brochure:* <https://depts.washington.edu/dbpeds/Clinics%20and%20Activities/IDFC%20Brochure.pdf>
	5. Available in English
8. **Crying Purple**
	1. *Description:* Guide to understand infant crying and how to respond.
	2. *Website:* On [Unit Coordinator Toolkit](https://child.seattlechildrens.org/people_and_places/programs_and_services/patient_education_and_communications/patient_education_toolkits/unit_coordinators/)
		1. <https://www.seattlechildrens.org/pdf/PE1874.pdf>
	3. Available in multiple languages.

Additional Resources

**See Related Job Aid/FAQ/Policy** (Edit or Delete this line, based on presence of additional documents)

## For questions about this job aid, contact: UC Leadership Team via the UC Inbox Unitcoordinatorinbox@seattlechildrens.org