School Medical Autism Review Teams (SMART)

Children and families in many rural communities in Washington State are unable to access a timely assessment for autism or other developmental disabilities and get connected to helpful services. They may wait many months for an autism evaluation at a distant tertiary care center because there is no option closer to home. Transportation and language barriers are also issues for many families. School Medical Review Teams (SMART) were created in six rural Washington State communities to address this challenge. This project is one of the priorities that has come out of the work in CAM communities.

SMART is a model that builds on and expands community capacity in rural and underserved communities that do not have access to a local multidisciplinary diagnostic center. Using a shared document, the SMART tool*, families are able to collect records of evaluations from their school, early intervention agency, local providers, and pediatrician to inform an interdisciplinary evaluation and diagnosis of autism. In the SMART approach, experienced pediatric primary care providers, schools, early intervention agencies, and families come together and share their knowledge and evaluation results in order to facilitate a virtual, comprehensive assessment of a child. This process provides a close link between a child's primary care provider (PCP) and school team, who sees the child on a daily basis.

Community Asset Mapping (CAM) Child Health Coalitions Okanogan **★** Established SMART Team Ferry 🕁 Exploring/developing SMART Team Chelan Spokane Lincoln Kina Adams Kittitas Whitman Yakima Cowlitz Benton Klickitat

The Picture Statewide

In combination with <u>Autism Center of Excellence (COE)</u> training through the Washington State Health Care Authority (HCA), SMART is a mechanism that allows children to qualify for Applied Behavior Analysis (ABA) therapy covered by Medicaid.

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^{*}see page 2 for sample SMART tool

SAMPLE SMART TOOL

Child's Name:	DOB:	Today's Date:		
Name of person filling out form:Role:				
Location:Relationship to child:				
Social Communication & Interaction			True	False
Impairments in the use of eye contact during social interactions. Example: Looks to the side or at your mouth rather than your eyes when speaking to you.		oks to		
Deficits in the use of facial expressions to communicate Example: Doesn't frown, pout, look surprised		wn,		
Lack or reduced use of gestures to communicate Example: Doesn't wave bye bye, nod yes or no, blows a kiss				
Impairments in back and forth conversation (appropriate to Example: Won't add something new or ask a question in remade to them.		ent		
Lack of, reduced, or impaired responses to social initiations of others Example: Doesn't respond to his/her name or acknowledge others				
Lack of, or reduced interest in, peers (appropriate to developmental level)				
Lack of, reduced, or impaired initiations of interactions with others				
Reduced preference for some peers over others/impaired	ed preference for some peers over others/impaired friendships			
Delays in, or lack of, varied, age-appropriate play with pee	rs			
Restricted, repetitive patterns of behavior, interests & activities		ies	True	False
Has atypical speech characteristics (e.g., echoing, jargon, u	inusual rhythm or v	/olume)		
Has repetitive body mannerisms	epetitive body mannerisms			
Reacts negatively to changes in schedule/insists on sameness				
Has behavioral rituals				
Has verbal rituals (e.g., must say things, or have others say way)	things, in a particu	ılar		
Has specific interests that are unusual in intensity (e.g., ho	bby of unusual inte	ensity)		
ngages in a limited range of activities/Has a limited behavioral repertoire				
Shows hyper-reactivity to sensory input				
Shows hypo-reactivity to sensory input				
Shows unusual sensory interests and preferences				
Disruptive behavior			True	False
Engages in aggressive and/or destructive behaviors toward (e.g., self-injury, elopement, property destruction)	d self, others or obj	ects		

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