AS3D GRANT

Autism Spectrum Disorders and Other Developmental Disabilities

Grant Purpose and Goals:

DOH's Healthy Starts and Transitions Unit was awarded a federal grant in September 2016 from the Health Resources and Services Administration, Maternal and Child Health Bureau to improve access to coordinated, comprehensive systems of care that leads to early diagnosis and entry into services for children with autism spectrum disorders and other developmental disabilities within the state and their families, with an emphasis on medically underserved and rural populations. The Autism Spectrum Disorders and Other Developmental Disabilities grant, referred to as "AS3D", is \$420,000 per year for three years and will focus on systems integration, family navigation and leadership, and policy reform.

Grant activities support expansion of multiple efforts to integrate systems for children and youth with autism and other developmental disabilities to improve screening, referral, diagnosis, and access to treatment; as well as family support, empowerment, navigation and leadership. The grant includes a focus on assessing and expanding the use of telehealth (TH) and the CME-accredited Great MINDS (Medical Homes Include Developmental Screening) trainings for pediatric primary care providers on the use of validated tools for developmental screening and how and where to refer children and families to needed services. We have modified the curriculum with additional autism-specific components and will offer trainings in Eastern and Central Washington and the Olympic Peninsula. This grant supports expansion of Community Asset Mapping (CAM) activities, which provides help for communities to strengthen local systems to screen, evaluate, diagnose and provide early intervention (EI) services to children with autism and other developmental disabilities and help communities identify how to improve communication and referrals to state diagnostic centers for more complicated evaluations. We will expand the availability of family navigator services for all families, including culturally and linguistically diverse families by partnering with family navigation and support organizations to reach more medically underserved families across WA. We will strengthen the referral network, training, and technical assistance available for existing providers of family navigation services throughout the state.

Focus Population:

AS3D will have a special focus on serving children and youth with ASD/DD and their families from medically underserved populations including those in rural areas of the Olympic Peninsula, Central and Eastern regions of WA; in culturally and linguistically diverse communities including immigrants residing in urban areas, particularly south King County; and among children covered by Medicaid.



WA Innovations in Care Integration for Children and Youth with ASD/DD and their Families

What We Said We'd Do:

- Goal 1: Improve access to interventions for children, youth and families with ASD/DD
- Goal 2: Empower families to partner with health professionals in decision-making
- **Goal 3**: Strengthen state level leadership and systems integration needed to assure timely identification and access to services

AS3D Stakeholders and Partners:

WA Department of Health (DOH), Department of Early Learning Early Support for Infants and Toddlers program (DEL/ESIT), Office of the Superintendent of Public Instruction (OSPI), Health Care Authority (HCA), Developmental Disabilities Council (DDC), Project Advisory Committee (PAC), Northwest Autism Center (NAC), Open Doors for Multicultural Families (ODMF), Washington Autism Alliance and Advocacy (WAAA), Holly Ridge Neurodevelopmental Center (NDC), Parent-to-Parent of Washington, Partnerships for Action Voices for Empowerment (PAVE), Seattle Children's Autism Center, UW Leadership Education in Neurodevelopmental and Related Disabilities (LEND) program, UW Research in Early Autism Detection and Intervention (READi-Lab), UW Medical Homes Partnership Project (MHPP), and the Washington Chapter of the American Academy of Pediatrics (WCAAP).

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