

Agenda

2018 Washington Autism Advisory Council Meeting

Improving Health through Trauma-informed Approaches for Individuals with Autism Spectrum Disorders and Other Developmental Disabilities, their Families and Caregivers

Monday, November 5th, 9:00am – 3:00pm

Tukwila Community Center, 12424 42nd Ave S, Tukwila, WA 98168

Time	Topics and Speakers
8:30-9:00	Check-in, networking time
9:00-9:15	Welcome/Review Agenda/Housekeeping , Jean-Marie Dymond, Grant Coordinator, Autism Spectrum Disorder and Other Developmental Disabilities Grant, WA Department of Health
9:15-9:25	Opening Remarks , Amy Carlsen, RN, Parent Professional Partnership, University of WA LEND and WA State Medical Home Partnerships Project
9:25-10:15	<p>Presentation: Assessment and Treatment of Trauma in Individuals with ASD: Current Status of the Literature Arianne Wallace, Ph.D. Bernier Lab, University of Washington, with Lucy Berliner, MSW, Harborview Medical Center</p> <ul style="list-style-type: none"> • Rates and types of trauma for Autistic individuals • Current status of treatment literature for trauma in Autism Spectrum Disorder • Discussion of need for ASD informed care in community settings • Review of recommendations
10:15-10:30	<i>Break – 15 minutes</i>
10:30-11:30	<p>Panel: Trauma-informed Approaches, Lived Experience Objectives: Increase awareness of challenges, barriers and outcomes of parents and autistic adults who experience trauma (themselves and/or their children) in seeking treatment in their community and school settings.</p> <ul style="list-style-type: none"> • Arzu Forough, parent, Founder, President/CEO, Washington Autism Alliance & Advocacy • ChrisTiana ObeySumner, MNPL; Autistic Activist; Owner and Principal Social Equity Consultant, Epiphanies of Equity, Co-Chair, Seattle Commission for Disabilities, Executive Director, The Eleanor Elizabeth Institute for Black Empowerment • Micah Levenson, LICSW, Autistic adult, private practice Psychotherapist • Rachel Nemhauser, parent, Program Supervisor, Parent to Parent, The Arc of King County
11:30-12:00	<i>Working Lunch – continue discussions from morning session</i>
12:00-1:00	<p>Panel: Trauma-informed Approaches, Community Professional Perspective Objective: Identify what the needs are to support better connections between research, systems and practices to improve trauma-informed approaches.</p> <ul style="list-style-type: none"> • Dora Raymaker, Ph.D., Research Assistant Professor, School of Social Work, Portland State University, Co-director Academic Autism Spectrum Partnership in Research and Education (AASPIRE), Associate Editor, <i>Autism in Adulthood</i> • Lucy Berliner, MSW, Healthcare Administrator, Harborview Medical Center, Clinical Associate Professor, School of Social Work, University of Washington, Dept of Psychiatry & Behavioral Sciences, UW School of Medicine
1:00-1:10	<i>Break</i>
1:10-1:55	<p>Round Table Group Discussions: What needs to happen in the Health Care setting and in our communities to reduce trauma experienced by individuals with Autism and other Developmental Disabilities, their families and caregivers? Desired Outcome: As a group, come up with recommendations and strategies to achieve successful outcomes, and identify organizations and individuals needed to achieve them.</p>
1:55-2:45	Presentation of Group Outcomes & Audience Discussion
2:45-3:00	Wrap up, Discuss post grant Sustainability efforts, AS3D activities YTD, thank yous , Jean-Marie Dymond

Special thanks to WAAC 2018 Planning Committee Members: Amy Carlsen, Arzu Forough, Cindy Fetterly, Dawn Sidell, Debbie Kirby, Ginger Kwan, Ilene Schwartz, Ivanova Smith, Jen Gerdts, Jill McCormick, Kate Orville, Kathleen Lehman, Mendy Minjarez, Monica Meyer, Sophie Lu, Wendy Stone, Wesley Varney, Zack Siddeek.