Child Health Notes Instructions: Screening for Maternal Depression

To Customize the Child Health Note for Your Community:

We recommend that you only edit and revise the parts of the Child Health Note that are indicated with a number (#). Experts in the field, relative to the health note topic, have carefully reviewed the didactic content material, and we strongly discourage editing those aspects of the health note. However, if you need more space for Local Special Needs Information and Resources specific to the CHN topic, you can select other items to delete in the regional and national internet resources box.

To customize the Child Health Note highlight the (#) and type right over your highlight. By using this method the computer will enter the new information in the appropriate font and type size for each section. The table below identifies the recommended information for each (#).

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| Numeral | Instruction |
| (Date) | Indicate the date for this publication. For example: April 2016 |
| (1) | Name of your county |
| (2) | Name the primary agency or program(s) that are distributing the Child Health Notes. For example this may be the local health district or your Medical Home Leadership Network team. |
| (3) | Name of your county |
| (4) | Children with Special Health Care Needs (CSHCN) Coordinator for your Local Health Department/District |
| (5) | Lead Family Resources Coordinator name and contact information for your county (See: <http://del.wa.gov/publications/esit/docs/ContactsDirectory.pdf>) |
| (6) | Parent Support program- Use the state contact for Parent to Parent number (**1-800-821-5927)** or a specific county resource if more appropriate <http://arcwa.org/getsupport/parent_to_parent_p2p_programs> |
| (7) | Local Crisis Clinic information <http://www.suicide.org/hotlines/washington-suicide-hotlines.html> |
|  | Other- are there other county-specific resources you wish to list? Feel free to arrange the local resources in whatever order makes sense for your county.Look for local support groups throughPerinatal Support WA :<http://perinatalsupport.org/for-parents/supportgroups/>  * Baby Blues Connection [www.babybluesconnection.org](http://www.babybluesconnection.org)(Serving OR and SW WA - support groups in Vancouver, WA area) |

Instructions for this section: (After reading, highlight the instructions, delete and type in your own county resources.) There is a wide variation from county to county as to what is available. We suggest you consider including programs which offer general parenting support as well as programs specific to maternal depression. One place to begin would be to call WithinReach and Family Help Line, as referenced above, to see what they list for your county. Note: PEPS is only available in some communities; you can call the PEPS number above to find out if there are any programs in your area. If available in your community, replace the Seattle phone number with the local telephone number; if PEPS is not available in your community, consider deleting the resource.

**CONGRATULATIONS!** You have a customized Child Health Note for your community.