

**-Washington Autism Advisory Council-  
Conference  
March 4, 2016  
9:00 a.m. – 3:30 p.m.**

SeaTac International Airport Conference Center

Meeting Goals:

1. To better understand the needs of adolescents and adults with autism.
2. Share information regarding state resources for adults and adolescent transition
3. Share information regarding model programs for higher education support, residential living, and vocational training and support
4. Share information on appropriate healthcare provision and healthcare access challenges

**Agenda**

Topic	Notes
<p>Dr. Gary Stobbe</p> <p><a href="#">Healthcare access and challenges for adults with autism and adolescents in transition</a></p>	<p>See presentation;</p> <p>Part of the challenge is the transition of parents for their children moving into adulthood</p> <p>Transition is broader than health care; critical Community resources are not available for adults. Core of autism treatment is education – education of parents, community settings, need to build community capacity and provider education;</p> <p>Some of the most progress for people with autism is seen for the ages of 20 to 30 if you keep the momentum. The problem is that there are loss of resources.</p> <p>There are big disparities in what people who have autism experience on almost every domain; issues with provider access; job training, transition planning; providers who don't know enough to support clients; families don't have confidence in their medical provider;</p> <p>Need to build the team approach across the ABA provider to primary care.</p> <p>Transition needs to happen in the teen years; engage the families early in preparation when services are no longer available. Need to build community activities for adults with autism. Family education critical.</p> <p><b>Resource:</b> National Autism Indicators Report: Transition Into Young Adulthood - See more at: <a href="http://drexel.edu/autisminstitute/research-projects/research/ResearchPrograminLifeCourseOutcomes/indicatorsreport/#sthash.0lhZE5SK.dpuf">http://drexel.edu/autisminstitute/research-projects/research/ResearchPrograminLifeCourseOutcomes/indicatorsreport/#sthash.0lhZE5SK.dpuf</a></p> <p>One idea would be great to assess the effectiveness of the DSHS-DDA Children's Intensive In-home based Services (CIIBS) waiver; there are enough people on the waiting list to act as a control group.</p>

Topic	Notes
<ul style="list-style-type: none"> <li>▪ Sunridge Ranch</li> <li>▪ Trellis Center</li> <li>▪ Terravine Growers, SPC</li> </ul>	<p>Located in Ellensburg; see presentation</p> <p><b>Multiple speakers</b>  Joe Spezialy, Founder  Sandy Spezialy, Ex. Dir.,  Daniel Ortega, Program Dir.  Shelby Jupiter, Ed/Rec. Coordinator.  Zach Johnson, Farm Manager  Terravine Growers, SPC</p> <p>Demonstrating lots of positive outcomes!</p> <p>For details, go to:  <a href="http://thesunridgeranch.com/">http://thesunridgeranch.com/</a>  <a href="http://www.thetrelliscenter.com/">http://www.thetrelliscenter.com/</a>  <a href="http://www.terravinegrowers.com/">http://www.terravinegrowers.com/</a></p>
<p><a href="#">DSHS/DDA Adult and adolescent transition resources</a>; Adult Initiatives; RCL transition support programs; WISE vocational training programs</p> <ul style="list-style-type: none"> <li>▪ Gene Mcconnachie</li> <li>▪ Michelle Bayard</li> <li>▪ Miguel Salas</li> <li>▪ Shaun Wood (gowise.org)</li> </ul>	<p>See presentations</p> <p><a href="http://www.gowise.org/">http://www.gowise.org/</a></p> <p>Transitioning from School to Work – YouTube Videos  <a href="https://www.youtube.com/watch?v=9SepYYePCZE">https://www.youtube.com/watch?v=9SepYYePCZE</a></p> <p>WA State Transition Conference – link can be found:  <a href="https://www.facebook.com/events/1507383046234456/">https://www.facebook.com/events/1507383046234456/</a></p> <p><a href="http://www.kingcounty.gov/healthservices/DDD/services/employment/school-to-work.aspx">http://www.kingcounty.gov/healthservices/DDD/services/employment/school-to-work.aspx</a></p> <p>Roads to Community Living – “the money follows the person”  <a href="https://www.dshs.wa.gov/dda/consumers-and-families/roads-community-living">https://www.dshs.wa.gov/dda/consumers-and-families/roads-community-living</a>;  there are parameters to qualify; have to live in an institutional setting for three months to be eligible.</p> <p>Comments:</p> <p>Need to bridge the gap between employment pathways and social services esp. for people with autism</p> <p>Carolyn Carlson is another DDA contact for additional questions for families - <a href="mailto:CarlsCM@dshs.wa.gov">CarlsCM@dshs.wa.gov</a></p>
<p>Advocates Panel – personal experiences  Speaking about 8 to 10 minutes each in response to pre-identified topics,</p>	<p>Ivanova: Was able to move through the educational system with the support of her mom; very supportive teacher, esp. her history professor; accommodations helped her to succeed; being open about her disability; diversity resource center and disability community at Central; lots of acceptance and support. Health care remains a challenge esp. when on her own insurance; basic supports for making</p>

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<p>Ivanova Smith, Wyatt Beaty, Garrett Moore, Evan Guest then open to questions</p>	<p>appointments, transportation, and coordinating. Having wrap-around services would help people to get assistance with medical appointments, etc. Recommends that ABA be positive and supportive and that providers need to consider the culture of autism such as eye contact and self-stimulation.</p> <p>Wyatt: second year at jobs program; is working at Mobius; really likes animations; working toward independence;</p> <p>Garrett: Shared his love of music, especially Elvis; wants to find a better job and new roommates</p> <p>Evan: misdiagnosed at a young age; music very important; the NW Autism Center has provided lots of support; lots of challenges with employment; wants to help as much as he can; educating the public, emphasize the gifts and assets that come with autism; lifelong learning; workplaces need to get to know you; it is an investment for workplaces;</p>
<p>PCP needs assessment re transition And ATP-ECHO update Dr. Beth Ellen Davis</p>	<p>Update – see presentation</p> <p>Held a conference in October 2015; partnered with HCA, DOH, UW LEND, and WAAA; The WAC expertise to create the planning group and many were the faculty presenters; Kate Orville &amp; Amy Carlson at the medicalhome.org also helped and is continuing to provider follow-up.</p> <p>Requesting PCPs to fill out a 5 minute survey; see handout. Grant application submitted – Autism Transition Project ECHO ATP-ECHO (R34) “Extension for Community Healthcare Options”; awards will not be announced until October 2015; likely this work will still happen even if grant is not funded. Also aimed at decreasing disparities and reducing variability of care;</p>
<p>Panel higher education support programming <b>Bellevue College</b>, Autism Spectrum Navigators OLS at Bellevue College</p> <p>Highline Community College, ACHIEVE Sara Gardner, Program Director Cheryl Porter, Program Mngr. Julie Jine, Associate Director and Jenny Sandler, Director</p>	<p>See presentations</p> <p>Pilot with 26 students; ADA accommodations – extra time to test taking, note takers, etc. Students also met with a “mom” every week; all showed great improvement compared with those who did not meet with a mom.</p> <ul style="list-style-type: none"> <li>▪ Now hiring peer mentors versus moms</li> <li>▪ Now providing “access services” and “additional educational” opportunities</li> <li>▪ Using a “social justice” model;</li> <li>▪ Diversity model of disability – acceptance and respect</li> </ul> <p>ACHIEVE: <a href="https://achieve.highline.edu/">https://achieve.highline.edu/</a></p> <p>Lots of good outcomes!</p> <p>Spokane and Skagit CC have recently been funded.</p> <p>April 9<sup>th</sup> Autism Event at Highline</p>
<p>HCA ABA benefit update</p>	<p>Unable to attend due to illness;</p>

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Lin Payton	HCA reports that there is more interest lately from new providers; there are five new process of becoming Medicaid providers and current providers are expanding offices in new locations primarily in western WA.
WAAC Sustainability Planning - all	<p>March is Disabilities Awareness Month.</p> <p>Next meeting date will follow a doodle poll</p> <p>Dawn will send out the questions to all members</p> <p>Monica will set up the next phone conference</p> <p>Mendy will take the information and categorize</p> <p>The WAAC still needs to figure out what its mission, direction, etc. is</p> <p>Difference of a conference versus a meeting</p> <p>The WAAC is not an advisory committee</p> <p>Consider twice yearly conferences</p> <p>Should the WAAC align with the DDC?</p> <p>Need to consider using locations that are convenient and easy to access via public transportation</p>

**Other resources:**

1. For Updates on Community Asset Mapping for Children’s Health and Development go to: <http://medicalhome.org/>
2. Autism Resources at OHSU:  
<http://aspire.org/?p=projects&c=hctoolkit>  
  
[http://www.ohsu.edu/xd/outreach/occyshn/programs-projects/upload/Autism-Resources ASD-ID-Webpage 2013 0314.pdf](http://www.ohsu.edu/xd/outreach/occyshn/programs-projects/upload/Autism-Resources%20ASD-ID-Webpage%202013%200314.pdf)
3. Informing Families, Building Trust. A partnership for communication on developmental disabilities issues in Washington State  
[http://arcwa.org/library/informing\\_families\\_building\\_trust](http://arcwa.org/library/informing_families_building_trust)